



Rowledge Tennis Club
Scheduled Weekly Sessions

Monday	3.40-6pm	Junior Coaching
Tuesday	8-9pm	Men's Training
Wednesday	9am-11am 11am-12pm 2.15-3.15pm 3.40-6pm	Ladies Social Tennis Ladies Coaching Cardio Junior Coaching
Thursday	3.40-6.45pm	Junior Coaching
Friday	9.10am-12.10pm 2.30-3pm	Ladies Coaching Tots
Saturday	9am-1pm	Junior Coaching

